

MEDICATION CHART



Compliments of
Your State Senator

#4006/12-08



Your Passport To Better Health


This Medication Passport has been specifically designed to help you organize and keep track of your medications – both prescription and over-the-counter drugs.

When you think about it, there are three people involved with your medications, and they should be involved with your Passport.

- ✓ Your doctor prescribes any necessary medicine.
- ✓ Your pharmacist fills the prescription.
- ✓ You control how you use those medications.

So, keep your Passport with you. Get your doctor and pharmacist to record their directions and comments. You record over-the-counter medication in your Passport.

We hope the result will be “***Your Passport To Better Health.***”



Notes





Maintain Your Sound Health

This Medication Passport is to help you maintain your own sound health. It's a record-keeping booklet that can best work when you, your doctors and your pharmacists keep accurate records on your personal prescriptions and over-the-counter drugs. It is your Passport to Better Health.

If you need additional copies of this booklet, contact one of my offices listed on the back cover of this publication.



Personal Information

Name _____

Address _____

Phone _____

Social Security No. _____

Drug Allergies

Blood Type _____

Insurance Identification Numbers

Medicare A _____

Medicare B _____

Blue Cross _____


Blue Shield _____

Other _____

In Case of Emergency Call

Name _____

Phone _____



Doctors Who Are Treating Me

Name _____

Specialty _____

Phone _____

Name _____

Specialty _____

Phone _____

Name _____

Specialty _____

Phone _____

Other Important Phone Numbers

Ambulance _____

Hospital _____

Police _____

Fire _____

Other _____

NOTE: Entries in this booklet are not a substitute for legally written prescriptions or receipts for reimbursements

PLEASE PRINT INFORMATION

Date	Medication(s)	Qty.	Directions	Prescriber	Comments/ Stop Orders

A Few Words About...

Alcohol

Alcohol interferes with the action of some medications. Ask your doctor or pharmacist which drugs should not be mixed with alcohol. Also, look for the warning labels or instructions on your prescriptions and over-the-counter remedies.

Food

Sometimes, medications have to be taken in combination with certain foods or before, during, or after meals. Some are not effective when combined with certain foods. Check with your doctor or pharmacist for any special instructions about food and your medications.

Over-the-Counter Drugs

Some over-the-counter drugs can interact with your prescription medications. Instructions for using over-the-counter products often include precautions about drug interactions, but you should check with your doctor or pharmacist to be sure.

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